### The Role of Health Economics and Pharmacometrics for Cost-effective Patient Care

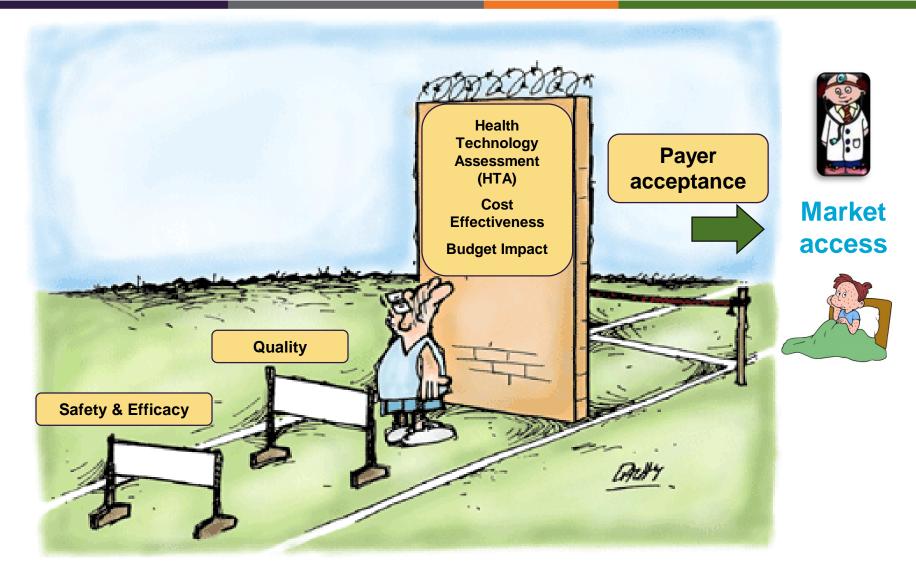


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#### **Economic Evaluation & Market Access**



### **Evidence Requirements & Pharmacoeconomic Guidelines**



#### COUNTRY-SPECIFIC PHARMACOECONOMIC GUIDELINES

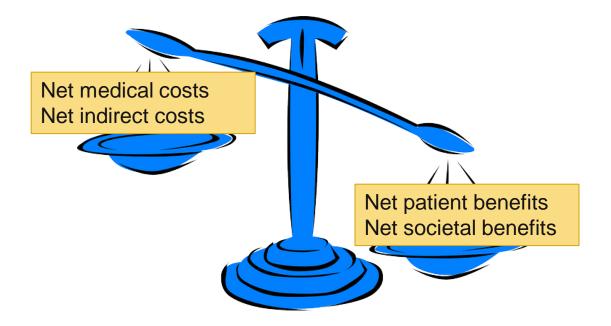
	Published PE Recommendations	PE Guidelines	Submission Guidelines
Africa	South Africa	Egypt	
America-Latin	a la serie	Brazil Colombia Cuba <u>México</u> <u>MERCOSUR (Argentina, Brazil,</u> Paraguay, Uruguay)	
America-North	United States	Canada	
Asia	China Mainland	J <u>apan</u> <u>Malaysia</u> <u>Taiwan</u> South Korea	<u>Israel</u> <u>Thailand</u>
Europe	Austria Denmark Hungary Italy Russian Federation Spain Croatia	Baltic (Latvia, Lithuania, Estonia) Belgium France Germany Ireland The Netherlands Norway Portugal Slovak Republic Slovenia Sweden Switzerland	<u>Czech Republic England &amp; Wales Finland Poland Scotland Spain - Catalonia Region</u>
Oceania		New Zealand	<u>Australia</u>

## Health Economic Evaluation Core Question



Is this health procedure, service, or programme worth doing compared with other things we could do with these same resources?

(Drummond et al., 1987)





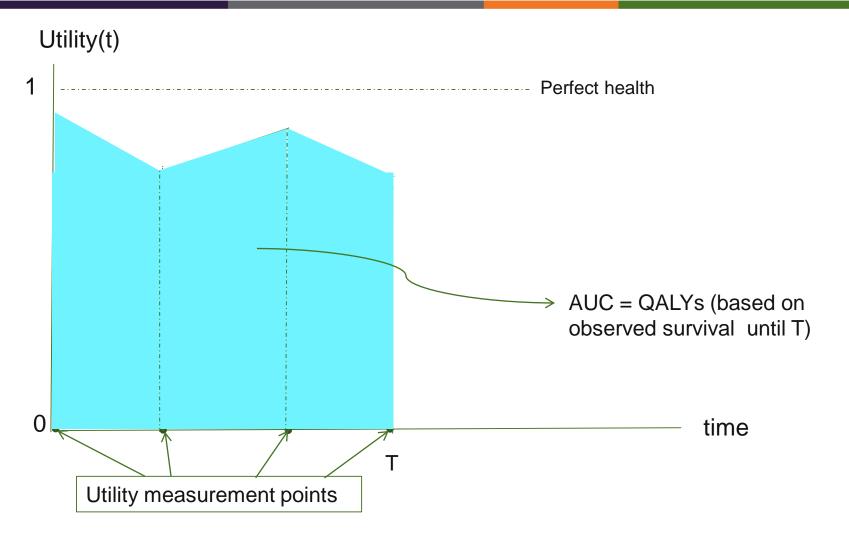
**Cost:** What is the net additional cost when the new treatment is used instead of another one?

**Benefit:** What's the net health benefit from the new treatment, compared to others?

Cost-benefit (aka cost-effectiveness) ratio:

What's the cost per additional unit of health? Is the patient or society willing to pay that much for the new treatment?

# Quality-Adjusted Life-Year (QALY) Concept



# Incremental Cost-Effectiveness Ratio (ICER)



ICER (for drug T vs drug C) =  $\Delta$ C /  $\Delta$ E

Where:

 $\Delta C$  = Additional total cost of drug T vs drug C

= drug cost difference + resource use cost difference

 $\Delta E$  = Additional effectiveness of drug T vs drug C

Example:

 $\Delta C = $5000$ 

 $\Delta E = 0.2$  Quality Adjusted Life Years (QALYs)

ICER = \$5000/0.2 = \$25,000 per QALY saved



Decision rule for adoption (based on econ evaluation alone):

Adopt if cost per QALY saved due to new treatment is less than society's willingness to pay ( $\lambda$ ) for a QALY

$$\longrightarrow$$
 i.e., if  $\Delta C / \Delta E < \lambda$ 

 $\text{if} \qquad \Delta C \ < \lambda \Delta E$ 

 $\text{if} \qquad 0 \quad <\lambda \Delta E - \Delta C \\$ 

 $\lambda \Delta E - \Delta C$  is known as the "net monetary benefit (NMB)"

so we adopt if NMB > 0

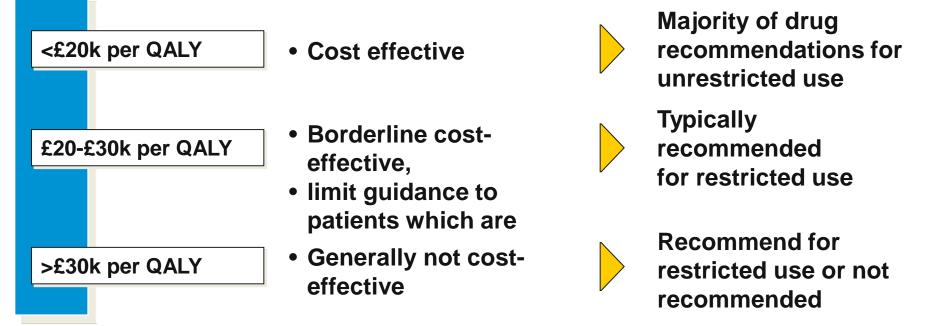
Let's say  $\lambda =$ \$100,000 per QALY saved, and  $\Delta E = 0.2$ .

Then  $\lambda \Delta E =$ \$20,000; if  $\Delta C =$ \$5000, then NMB = \$15,000.

# One country's view on cost-effectiveness



# **NICE Cost-effectiveness Principles**



"It is apparent that the appraisal committee has been reluctant to recommend the use of technologies with a cost effectiveness ratio of more than £ 30,000 [per QALY gained]."

Michael Rawlings, Chairman NICE, cited in SCRIP

## Early economic models



- Typically disease-based models for early product teams, in phase 2 or earlier
- Captures basic disease treatment patterns, outcomes, and costs
- Allows for variations in treatment prices and outcomes, and calculates the cost-effectiveness of treatment
  - Estimates the product price that will be consistent with cost-effectiveness for an expected treatment effect
  - Or, estimates the treatment effect necessary to support a given product price, and stay within a cost-effective range
- Primarily meant for internal company use

## A common type of health economic model – The state-transition model



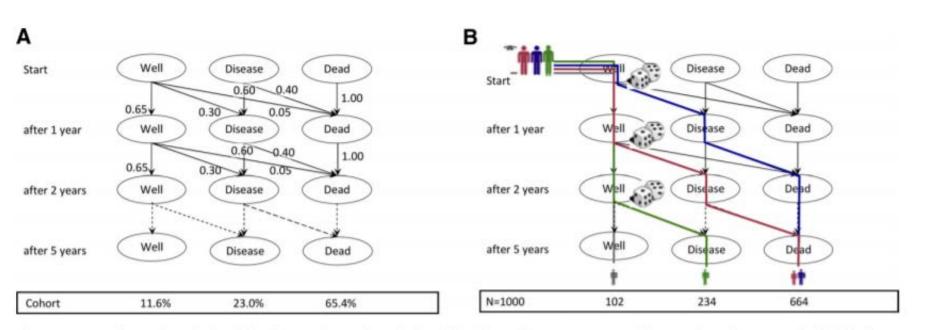


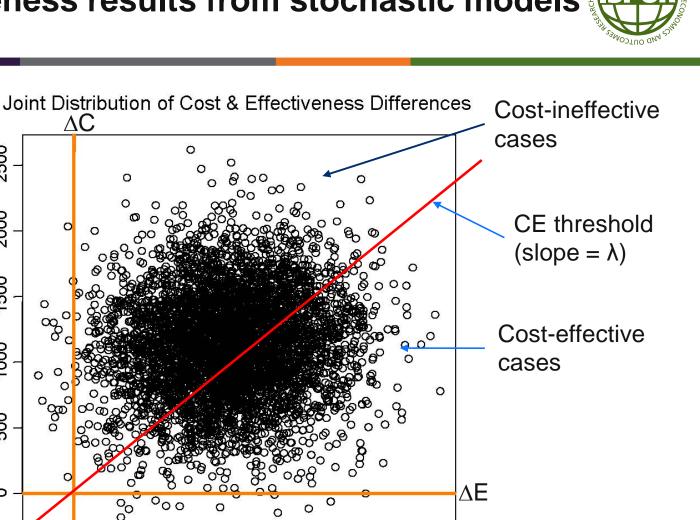
Fig. 1 – In a cohort simulation (A), the entire cohort is (re-)distributed across states after each cycle. In an individuallevel microsimulation (B), a finite number of individuals are simulated by using first-order Monte Carlo microsimulation. In this simple example, all individuals start in the state 'Well' and the disease is chronic (i.e., there is no regression from "Disease" to "Well"). In principle, individuals can start in different states and they can regress to states they have already been in. (A) Cohort simulation in a state-transition model. (B) Monte Carlo simulation in a state-transition model.

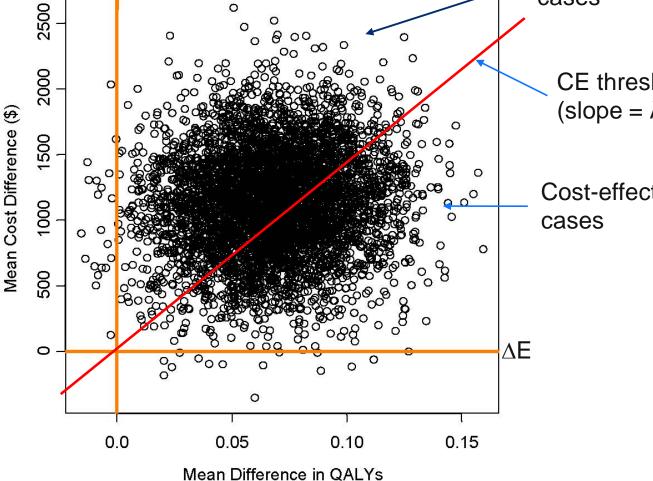
Siebert U, Alagoz O, Bayoumi AM, et al. State-transition modeling: a report of the ISPOR-SMDM modeling good research practices task force-3. Value Health 2012;15:812–820.

#### Cost-effectiveness results from stochastic models

 $\Delta C$ 

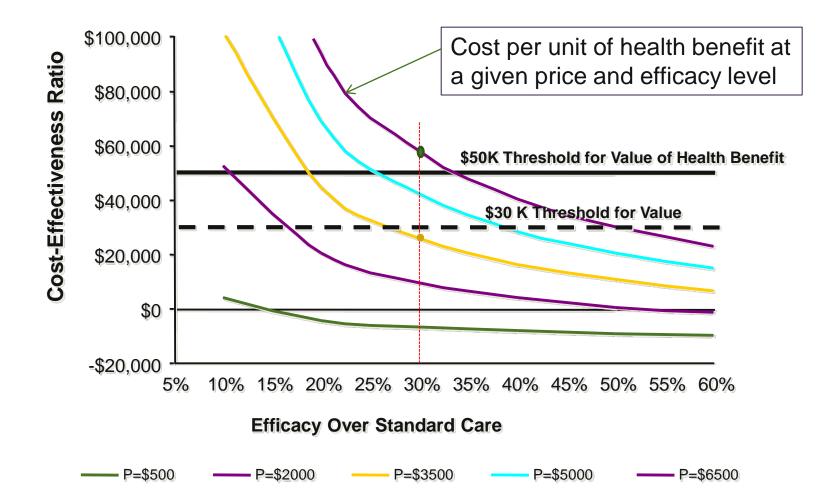
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## How Well Does The Target Outcome Profile Measure Up?





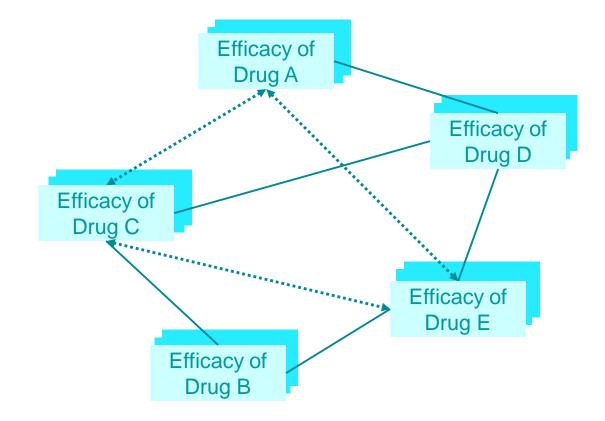
## **Mixed/indirect treatment comparisons**



- Provides treatment comparisons when head-to-head trial data are not available
- For some outcomes, given sufficient data, pharmacometric models can provide this evidence
- More often is done using pairwise comparisons taken from the literature, using network meta-analysis (now typically Bayesian) or model-based techniques
- Can be used as evidence of comparative effectiveness per se, or as input for economic models

## **Mixed treatment comparisons**









#### SCIENTIFIC REPORT

#### Interpreting Indirect Treatment Comparisons and Network Meta-Analysis for Health-Care Decision Making: Report of the ISPOR Task Force on Indirect Treatment Comparisons Good Research Practices: Part 1

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#### ISPOR TASK FORCE REPORTS

#### Modeling Good Research Practices—Overview: A Report of the ISPOR-SMDM Modeling Good Research Practices Task Force-1

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